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VITA

Bella DePaulo

Current Position: Academic Affiliate, Department of Psychological and Brain Sciences,
University of California at Santa Barbara

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TEDx Talk: “[What no one ever told you about people who are single](#)”

Blogs: [Living Single](#), at *Psychology Today*

Writings at [Medium](#)

[All Things Single \(and More\)](#)

Column for [Unmarried Equality](#)

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Education: B.A., Vassar College, 1975
Ph.D., Harvard University, 1979

Employment History:

University of California, Santa Barbara:
Project Scientist (2015-2017)
Academic Affiliate, Department of Psychological and Brain Sciences (2018 on)
Visiting Professor of Psychology (2000-2014)

University of Virginia
Professor, 1990–2003.
Associate Professor, 1984-1990.
Assistant Professor, 1979-1983.

Honors and Awards:

NPR, Best “Academic Minute” podcast in sociology, 2017
How We Live Now: Named by Kirkus as one of the best nonfiction books for
2015

Excellence in Research Award, American Association for Single People, 2003
Research Scientist Development Award, 1988-1993
James McKeen Cattell Award, 1985-86
Fellow, Division 8, American Psychological Association, elected in 1985.
Charter Fellow, American Psychological Society, 1988-present.
Spencer Foundation Fellow, 1982-1985
National Science Foundation Fellow, 1975-1978

Membership in Honorary Societies: Phi Beta Kappa

Membership in Professional Organizations (current or past affiliations):

American Association for the Advancement of Science
American Educational Research Association
American Psychological Association
American Psychological Society (Association for Psychological Science)
Capital Area Social Psychological Association
Council on Contemporary Families
Eastern Psychological Association
International Communication Association
International Network on Personal Relationships
International Society for Research on Emotion
International Society for the Study of Personal Relationships
International Society for the Study of Prosocial Behavior
Mid-Atlantic Social Psychological Association
Singlehood Studies
Society of Experimental Social Psychology
Unmarried Equality

Other Professional Activities:

APA Program Chair, Division 8, 1985
Executive Committee, Directors of Graduate Training Programs, Division 8, APA, 1987-1988
Co-organizer, Society of Experimental Social Psychology annual meeting, 1987
Dissertation Award Committee,
Society of Experimental Social Psychology, 1992;
Chair, 1993.
Program Committee, Society of Experimental Social Psychology, 1994.
Membership Committee, Society of Experimental Social Psychology, 1995.
Executive Committee, Society of Experimental Social Psychology, 1992-1995.
National Institutes of Health Study Section (1988):
Behavioral Medicine
Social Sciences and Population
National Institutes of Mental Health Study Section (1989):
Behavioral Sciences

Member, Committee of Visitors to review the Social Psychology Program at NSF, 1996.
 Department of Defense Study Section (1999)
 APA Division 8 Fellows Committee, 1999.
 Executive Committee, Society of Experimental Social Psychology, 1999-2003.
 Chair, Program Committee, Society of Experimental Social Psychology, 2000.
 Secretary/ Treasurer, Society of Experimental Social Psychology, 2001.
 President, Society of Experimental Social Psychology, 2002.

Singles-Relevant Professional and Service Activities (current or past):

Advisory Board, Single-Woman.tv
 Board of Advisors, Single Edition
 Chair, Academic Advisory Board, American Association for Single People
 Fellow, Council on Contemporary Families
 Single Workers Topic Page Editor, Sloan Work and Family Network
 Monthly columnist, Unmarried Equality

Other Public Service Activities:

Advisory Workshop, Office of Technology Assessment, Congress of the United States, June, 1986.
 Workshop for High School Teachers of Psychology, Virginia Psychological Association, October 1994.
 Grand Rounds, Cottage Hospital, Santa Barbara, CA: 2007, 2008, 2016

Editorial Boards:

Basic and Applied Social Psychology (1994-1997)
 British Journal of Social Psychology (1985-1989)
 Journal of Language and Social Psychology Monograph Series (1986-1990)
 Journal of Nonverbal Behavior (1984-1988; 1997-1999)
 Journal of Personality (1985-1990)
 Journal of Personality and Social Psychology
 Attitudes and Social Cognition (1988-1991)
 Interpersonal Relations and Group Processes (1986--1990; 1996-2002)
 Personality Processes and Individual Differences (1987--1990)
 Personality and Social Psychology Bulletin (1983-1984)
 Review of Personality and Social Psychology (1989--1992)
 Society for the Psychological Study of Social Issues (editorial advisory board) (1986--1988)

Grants:

Special ways of talking to children and intellectually disabled people: Verbal and nonverbal characteristics and effects on listeners' perceptions, mood, and task performance.

With Lerita Coleman. National Science Foundation Doctoral Dissertation Grant, 1979-1980.

Nonverbal communication and social interaction.

University Research Council Grant, University of Virginia, 1980-81.

Social interaction processes in asking for help.

NIMH Grant, 1980-1981.

Recipients' reactions to help. University Research Council Grant, University of Virginia.

Age changes in reactions to help. Foundation for Child Development, 1982-1983.

Research in education. National Academy of Education Honorary Award, 1982-1985.

Affective communication and communicative competence:

I. NIMH, 1984-1987. (Funding was also offered by NSF.)

Affective communication and communicative competence:

II. NIMH, 1987-1990. (Funding was also offered by NSF.)

The communication of deception. NIMH Research Scientist Development Award, 1988-1993.

Detecting deception: Sex differences, social motives, and untapped knowledge. NSF, 1994-1999.

Emotion, personality, and nonverbal behavior. NIMH, 1994-1999.

Conference on expectancy effects, nonverbal communication, and research methodology. NSF, 1997-1998.

The scientific study of people who are single: The state of the research. Marchionne Foundation, 2002-2003.

PUBLICATIONS

I. Books and Journals

DePaulo, Bella. (2023, December). *Single at Heart: The Power, Freedom, and Heart-Filling Joy of Single Life*. New York, NY: Apollo Publishers.

DePaulo, Bella. (2015). *How We Live Now: Redefining Home and Family in the 21st Century*. Hillsboro, OR: Beyond Words.

DePaulo, Bella. (2006). *Singled Out: How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After*. New York: St. Martin's Press. (Paperback edition was published in 2007.)

--**Reprinted in** the *Bedford Reader*: The chapter on single parents and their children, from *Singled Out*.

DePaulo, Bella. (Ed.). (2010). *The Psychology of Dexter*. Dallas, TX: BenBella Books.

Fisher, J. D., Nadler, A., & DePaulo, B. M. (Eds.). (1983). *New directions in helping. Volume 1: Recipient reactions to aid*. New York: Academic Press.

DePaulo, B. M., Nadler, A., & Fisher, J. D. (Eds.). (1983). *New directions in helping. Volume 2: Help-seeking*. New York: Academic Press.

Nadler, A., Fisher, J. D., & DePaulo, B. M. (Eds.). (1983). *New directions in helping. Volume 3: Applied perspectives on help-seeking and receiving*. New York: Academic Press.

DePaulo, B.M. (Ed.). (1988). Deception: Part 1. [Special issue]. Journal of Nonverbal Behavior, 3.

DePaulo, B.M. (Ed.). (1988). Deception: Part 2. [Special issue]. Journal of Nonverbal Behavior, 4.

My own collections of articles and blog posts:

DePaulo, Bella. (2020). *Big-Time Liars and the People Who Enable Them*. Charleston, SC: DoubleDoor Books.

DePaulo, Bella. (2018). *The Psychology of Lying and Detecting Lies*. Charleston, SC: CreateSpace.

DePaulo, Bella. (2017). *Alone: The badass psychology of people who like being alone*. Charleston, SC: CreateSpace.

- DePaulo, Bella. (2015). *Marriage vs. Single Life: How Science and the Media Got It So Wrong*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2015). *Single Parents and Their Children: The Good News No One Ever Tells You*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2015). *Single, No Children: Who Is Your Family?* Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2014). *The Science of Marriage: What We Know That Just Isn't So*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2014). *The Best of Single Life*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2013). *When the Truth Hurts: Lying to be Kind*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2011). *Singlism: What It Is, Why It Matters, and How to Stop It*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2011). *Friendsight: What Friends Know that Others Don't: Professional Papers*. Charleston, SC: DoubleDoor Books.
- Bond, Charles F., Jr., & DePaulo, Bella. (2011). *Is Anyone Really Good at Detecting Lies? Professional Papers*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2010). *The Hows and Whys of Lies*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2009). *Single with Attitude: Not Your Typical Take on Health and Happiness, Love and Money, Marriage and Friendship*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2009). *Behind the Door of Deceit: Understanding the Biggest Liars in Our Lives*. Charleston, SC: DoubleDoor Books.
- DePaulo, Bella. (2009). *The Lies We Tell and the Clues We Miss: Professional Papers*. Charleston, SC: DoubleDoor Books.

II. Articles

- Druian, P. R., & DePaulo, B. M. (1977). Asking a child for help. Social Behavior and Personality, 5, 33-39.
- DePaulo, B. M., Rosenthal, R., Eisenstat, R. A., Rogers, P. L., & Finkelstein, S. (1978). Decoding discrepant nonverbal cues. Journal of Personality and Social Psychology, 36, 313-323.

- Reprinted in** R. Rosenthal, J. A. Hall, D. Archer, M.R. DiMatteo, & P. L. Rogers. (1979). An introduction to measuring sensitivity to nonverbal cues: The PONS test manual. New York: Irvington.
- DePaulo, B. M. (1978). Accuracy in predicting situational variations in help-seekers' responses. Personality and Social Psychology Bulletin, 4, 330-333.
- DePaulo, B. M., & Bonvillian, J. D. (1978). The effect on language development of the special characteristics of speech addressed to children. Journal of Psycholinguistic Research, 7, 189-211.
- DePaulo, B. M. (1978). Accepting help from teachers -- when the teachers are children. Human Relations, 31, 459-474.
- DePaulo, B. M. (1978). Help-seeking from the recipient's point of view. JSAS Catalog of Selected Documents in Psychology, 8, 62. (Ms. No. 1721).
- DePaulo, B. M., & Rosenthal, R. (1978). Age changes in nonverbal decoding as a function of increasing amounts of information. Journal of Experimental Child Psychology, 26, 280-287.
- DePaulo, B. M., Rosenthal, R., Finkelstein, S., & Eisenstat, R. A. (1979). The developmental priority of the evaluative dimension in perceptions of nonverbal cues. Environmental Psychology and Nonverbal Behavior, 3, 164-171.
- Rosenthal, R., & DePaulo, B. M. (1979). Sex differences in eavesdropping on nonverbal cues. Journal of Personality and Social Psychology, 37, 273-285.
- DePaulo, B. M., & Rosenthal, R. (1979). Age changes in nonverbal decoding skills: Evidence for increasing differentiation. Merrill-Palmer Quarterly, 25, 145-150.
- Judd, C. M., & DePaulo, B. M. (1979). The effect of perspective differences on the measurement of involving attitudes. Social Psychology Quarterly, 42, 185-189.
- Rosenthal, R. & DePaulo, B. M. (1979). Expectancies, discrepancies, and courtesies in nonverbal communication. Western Journal of Speech Communication, 43, 76-93.
- DePaulo, B. M., & Rosenthal, R. (1979). Telling lies. Journal of Personality and Social Psychology, 37, 1713-1722.
- DePaulo, B. M., & Rosenthal, R. (1979). The structure of nonverbal decoding skills. Journal of Personality, 47, 506-517.
- DePaulo, B. M., Zuckerman, M., & Rosenthal, R. (1980). Humans as lie-detectors. Journal of Communication, 30, 129-139.
- DePaulo, B. M., & Fisher, J. D. (1980). The costs of asking for help. Basic and Applied Social Psychology, 1, 23-35.

- Blanck, P. D., Zuckerman, M., DePaulo, B. M., & Rosenthal, R. (1980). Sibling resemblances in nonverbal skill and style. Journal of Nonverbal Behavior, 4, 219-226.
- Zuckerman, M., Blanck, P. D., DePaulo, B. M., & Rosenthal, R. (1980). Developmental changes in detecting discrepant and nondiscrepant nonverbal cues. Developmental Psychology, 16, 220-228.
- Nasby, W., Hayden, B., & DePaulo, B. M. (1980). Attributional bias among aggressive boys to interpret unambiguous social stimuli as hostile displays. Journal of Abnormal Psychology, 89, 459-468.
- Brauer, D. V., & DePaulo, B. M. (1980). Similarities between friends in their understanding of nonverbal cues. Journal of Nonverbal Behavior, 5, 64-68.
- Rosenthal, R., & DePaulo, B. M. (1980). Encoders vs. decoders as units of analysis in research in nonverbal communication. Journal of Nonverbal Behavior, 5, 92-103.
- DePaulo, B. M., Zuckerman, M., & Rosenthal, R. (1980). The deceptions of everyday life. Journal of Communication, 30, 216-218.
- DePaulo, B. M., & Fisher, J. D. (1981). Too tuned-out to take: The role of nonverbal sensitivity in help-seeking. Personality and Social Psychology Bulletin, 7, 201-205.
- DePaulo, B. M. (1981). Success at detecting deception: Liability or skill? Annals of the New York Academy of Sciences, 364, 245-255.
- Blanck, P. D., Rosenthal, R., Snodgrass, S. E., DePaulo, B. M., & Zuckerman, M. (1981). Sex differences in eavesdropping on nonverbal cues: Developmental changes. Journal of Personality and Social Psychology, 41, 391-396.
- DePaulo, B. M., & Coleman, L. (1981). Evidence for the specialness of the "baby talk" register. Language and Speech, 24, 223-231.
- DePaulo, B. M., Brown, P. L., Ishii, S., & Fisher, J. D. (1981). Help that works: The effects of aid on subsequent task performance. Journal of Personality and Social Psychology, 41, 478-487.
- Blanck, P. D., Rosenthal, R., Snodgrass, S. E., DePaulo, B. M., & Zuckerman, M. (1982). Longitudinal and cross-sectional age effects in nonverbal decoding skill and style. Developmental Psychology, 18, 491-498.
- Harackiewicz, J., & DePaulo, B. M. (1982). Accuracy of person perception: A component analysis according to Cronbach. Personality and Social Psychology Bulletin, 8, 247-256.
- DePaulo, B. M., Lassiter, G. D., & Stone, J. I. (1982). Attentional determinants of success at detecting deception and truth. Personality and Social Psychology Bulletin, 8, 273-279.
- DePaulo, B. M., Jordan, A., Irvine, A., & Laser, P. S. (1982). Age changes in the detection of deception. Child Development, 53, 701-709.

- Zuckerman, M., Spiegel, N. H., DePaulo, B. M., & Rosenthal, R. (1982). Nonverbal strategies for decoding deception. Journal of Nonverbal Behavior, 6, 171-187.
- DePaulo, B. M., Rosenthal, R., Green, C. R., & Rosenkrantz, J. (1982). Diagnosing deceptive and mixed messages from verbal and nonverbal cues. Journal of Experimental Social Psychology, 18, 433-446.
- DePaulo, B. M., Rosenthal, R., Rosenkrantz, J., & Green, C. R. (1982). Actual and perceived cues to deception: A closer look at speech. Basic and Applied Social Psychology, 3, 291-312.
- DePaulo, B. M., Brittingham, G. L., & Kaiser, M. K. (1983). Receiving competence-relevant help: Effects on reciprocity, affect, and sensitivity to the helper's nonverbally-expressed needs. Journal of Personality and Social Psychology, 45, 1045-1060.
- DePaulo, B. M., Lanier, K., & Davis, T. (1983). Detecting the deceit of the motivated liar. Journal of Personality and Social Psychology, 45, 1096-1103.
- Toris, C., & DePaulo, B.M. (1984). Effects of actual deception and suspiciousness of deception on interpersonal perceptions. Journal of Personality and Social Psychology, 47, 1063-1073.
- DePaulo, B.M., Stone, J.I., & Lassiter, G.D. (1985). Telling ingratiating lies: Effects of target sex and target attractiveness on verbal and nonverbal deceptive success. Journal of Personality and Social Psychology, 48, 1191-1203.
- Reprinted in** C.N. Jacklin (Ed.) (1992). The psychology of gender (Vol. 4, pp. 54-66). New York: New York University Press.
- DePaulo, B.M., & Pfeifer, R.L. (1986). On-the-job experience and skill at detecting deception. Journal of Applied Social Psychology, 16, 249-267.
- DePaulo, B.M., & Coleman, L.M. (1986). Talking to children, foreigners, and retarded adults. Journal of Personality and Social Psychology, 51, 945-959.
- DePaulo, B.M., Kenny, D.A., Hoover, C., Webb, W., & Oliver, P. (1987). Accuracy of person perception: Do people know what kinds of impressions they convey? Journal of Personality and Social Psychology, 52, 303-315.
- Reprinted in** W.A. Lesko (Ed.) (1991). Readings in social psychology: General, classic, and contemporary selections (pp.44-63). Boston: Allyn and Bacon.
- DePaulo, B.M., Tang, J., & Stone, J.I. (1987). Physical attractiveness and skill at detecting deception. Personality and Social Psychology Bulletin, 13, 177-187.
- DePaulo, B.M., & Coleman, L.M. (1987). Verbal and nonverbal communication of warmth to children, foreigners, and retarded adults. Journal of Nonverbal Behavior, 11, 75-88.

- DePaulo, B.M. (1988). Nonverbal aspects of deception. Journal of Nonverbal Behavior, 12, 153-161.
- DePaulo, B.M., Kirkendol, S.E., Tang, J., & O'Brien, T.P. (1988). The motivational impairment effect in the communication of deception: Replications and extensions. Journal of Nonverbal Behavior, 12, 177-202.
- DePaulo, B.M., Tang, J., Webb, W., Hoover, C., Marsh, K., & Litowitz, C. (1989). Age differences in reactions to receiving help in a peer-tutoring context. Child Development, 60, 423-439.
- DePaulo, B.M., Dull, W.R., Greenberg, J.M., & Swaim, G.W. (1989). Are shy people reluctant to ask for help? Journal of Personality and Social Psychology, 56, 834-844.
- DePaulo, P.J., & DePaulo, B.M. (1989). Can attempted deception by salespersons and customers be detected through nonverbal behavioral cues? Journal of Applied Social Psychology, 19, 1552-1577.
- DePaulo, B.M., Epstein, J.A., & LeMay, C.S. (1990). Responses of the socially anxious to the prospect of interpersonal evaluation. Journal of Personality, 58, 623-640.
- DePaulo, B.M., LeMay, C.S., & Epstein, J.A. (1991). Effects of importance of success and expectations for success on effectiveness at deceiving. Personality and Social Psychology Bulletin, 17, 14-24.
- DePaulo, B.M. (1992). Nonverbal behavior and self-presentation. Psychological Bulletin, 111, 203-243.
- DePaulo, B.M., Blank, A.L., Swain, G.W., & Hairfield, J.G. (1992). Expressiveness and expressive control. Personality and Social Psychology Bulletin, 18, 276-285.
- DePaulo, B.M., (1992). Negotiating the thicket of truths and deceits in politics and in everyday life. The Long Term View, 1, 5-8.
- Kenny, D.A., & DePaulo, B.M. (1993). Do we know how others view us? An empirical and theoretical account. Psychological Bulletin, 114, 145-161.
- Wilson, T.D., DePaulo, B.M., Mook, D.G., & Klaaren, K.J. (1993). Scientists' evaluations of research: The biasing effects of the importance of the topic. Psychological Science, 4, 322-325.
- DePaulo, B.M. (1994). Spotting lies: Can humans learn to do better? Current Directions in Psychological Science, 3, 83-86.
- Reprinted in Annual editions: Social psychology: 1996.** Guilford, CT: The Dushkin Publishing Group/Brown and Benchmark Publishers. (Also reprinted in the 1998 edition.)

- DePaulo, B.M., & Tang, J. (1994). Social anxiety and social judgment: The example of detecting deception. Journal of Research in Personality, 28, 142-153.
- Ansfield, M.E., DePaulo, B.M., & Bell, K.L. (1995). Familiarity effects in nonverbal understanding: Recognizing our own facial expressions and our friends'. Journal of Nonverbal Behavior, 19, 135-149.
- Bell, K.L., & DePaulo, B.M. (1996). Liking and lying. Basic and Applied Social Psychology, 18, 243-266.
- DePaulo, B.M., Kashy, D.A., Kirkendol, S.E., Wyer, M.M., & Epstein, J.A. (1996). Lying in everyday life. Journal of Personality and Social Psychology, 70, 979-995.
- Kashy, D.A., & DePaulo, B.M. (1996). Who lies? Journal of Personality and Social Psychology, 70, 1037-1051.
- DePaulo, B.M., Ansfield, M.E., & Bell, K.L. (1996). Theories about deception and paradigms for studying it. Communication Theory, 6, 297-310.
- Schutz, A., & DePaulo, B.M. (1996). Self-esteem and evaluative reactions: Letting people speak for themselves. Journal of Research in Personality, 30, 137-156.
- DePaulo, B.M., & Bell, K.L. (1996). Truth and investment: Lies are told to those who care. Journal of Personality and Social Psychology, 71, 703-716.
- DePaulo, B.M., & Ansfield, M.E. (1996). Detecting deception from nonverbal cues: Pinocchio's revenge. Legal Medical Quarterly, 20, 15-19.
- DePaulo, B.M., Charlton, K., Cooper, H., Lindsay, J.J., & Muhlenbruck, L. (1997). The accuracy-confidence correlation in the detection of deception. Personality and Social Psychology Review, 1, 346-357.
- DePaulo, B.M., & Kashy, D.A. (1998). Everyday lies in close and casual relationships. Journal of Personality and Social Psychology, 74, 63-79.
- Anderson, D.E., DePaulo, B.M., Ansfield, M.E., Tickle, J.J., & Green, E. (1999). Beliefs about cues to deception: Mindless stereotypes or untapped wisdom? Journal of Nonverbal Behavior, 23, 67-89.
- Lane, J.D., & DePaulo, B.M. (1999). Dysphorics' ability to detect deception: Completing Coyne's cycle. Journal of Research in Personality, 33, 311-329.
- DePaulo, B.M., & Kulik, J.A. (1999). Roger Brown (1925-1997). American Psychologist, 54, 1128-1129.
- Anderson, D.E., DePaulo, B.M., & Ansfield, M.E. (2002). The development of deception detection skill: A longitudinal study of same sex friends. Personality and Social Psychology Bulletin, 28, 536-545.

- DePaulo, B.M., Lindsay, J.J., Malone, B.E., Muhlenbruck, L., Charlton, K., & Cooper, H. (2003). Cues to deception. Psychological Bulletin, *129*, 74-118.
- DePaulo, B. M., Wetzel, C., Sternglanz, C., & Wilson, M. W. (2003). Verbal and nonverbal dynamics of privacy, secrecy, and deceit. Journal of Social Issues, *59*, 391-410.
- DePaulo, B.M., Ansfield, M.E., Kirkendol, S.E., & Boden, J.M. (2004). Serious lies. Basic and Applied Social Psychology, *26*, 147-167.
- Sternglanz, R. W., & DePaulo, B. M. (2004). Reading nonverbal cues to emotion: The advantages and liabilities of relationship closeness. Journal of Nonverbal Behavior, *24*, 245-266.
- DePaulo, B. M., & Morris, W. L. (2005). Singles in society and in science. Psychological Inquiry, *16*, 57-83. (Target article.)
- DePaulo, B. M., & Morris, W. L. (2005). Should singles and the scholars who study them make their mark or stay in their place? Psychological Inquiry, *16*, 142-149. (Response to commentaries on target article.)
- Bond, C.F. Jr., & DePaulo, B.M. (2006). Accuracy of deception judgments. Personality and Social Psychology Review, *10*, 214-234.
- DePaulo, B. M., & Morris, W. L. (2006). The unrecognized stereotyping and discrimination against people who are single. Current Directions in Psychological Science, *15*, 251-254.
- Schutz, A., Hertel, J., DePaulo, B. M., Morris, W. L., & Stucke, T. S. (2007). She's single, so what? How are singles perceived compared with people who are in romantic relationships? Zeitschrift fur Familienforschung (Journal of Family Research), *19*, 139-158.
- Morris, W. L., Sinclair, S., & DePaulo, B. M. (2007). No shelter for singles: The perceived legitimacy of civil status discrimination. Group Processes and Intergroup Relations, *10*, 457-470.
- Bond, C.F. Jr., & DePaulo, B.M. (2008). Individual differences in detecting deception: Accuracy and bias. Psychological Bulletin, *134*, 477-492.
- Bond, C.F. Jr., & DePaulo, B.M. (2008). Individual differences in judging deception: Reply to O'Sullivan (2008) and Pigott and Wu (2008). Psychological Bulletin, *134*, 501-503.
- DePaulo, B.M., & Bond, C.F. Jr. (2012). Beyond accuracy: Bigger, broader ways to think about deceit. Journal of Applied Research in Memory and Cognition, *1*, 120-121.
- DePaulo, B. (2013). The proliferation of life choices and the resistance that follows. Analyses of Social Issues and Public Policy, *13*, 34-37.
- DePaulo, B. (2014). A Singles Studies perspective on mount marriage. Psychological Inquiry, *25*, 64-68.

Morris, W. L., Sternglanz, R. W., Ansfield, M. E., Anderson, D. E., Snyder, J. L. H., & DePaulo, B. M. (2016). A longitudinal study of the development of emotional deception detection within new same-sex friendships. *Personality and Social Psychology Bulletin*, 42, 204-218.

DePaulo, B. (2017, Summer). The urgent need for a Singles Studies discipline. *Signs: Journal of Women in Culture and Society*, 42, 1015-1019.

DePaulo, B. (2023). Single and flourishing: Transcending the deficit narratives of single life. *Journal of Family Theory and Review*, 15(3), 389-411.

III. **Book Chapters**

DePaulo, B. M., & Rosenthal, R. (1979). Ambivalence, discrepancy, and deception in nonverbal communication. In R. Rosenthal (Ed.), Skill in nonverbal communication (pp. 204-248). Cambridge, MA.: Oelgeschlager, Gunn, & Hain.

Rosenthal, R., & DePaulo, B. M. (1979). Sex differences in accommodation in nonverbal communication. In R. Rosenthal (Ed.), Skill in nonverbal communication (pp. 68-103). Cambridge, MA.: Oelgeschlager, Gunn, & Hain.

DePaulo, B. M., Zuckerman, M., & Rosenthal, R. (1980). Detecting deception: Modality effects. In L. Wheeler (Ed.), The review of personality and social psychology (pp. 125-162). Beverly Hills, CA.: Sage.

Fisher, J. D., DePaulo, B. M., & Nadler, A. (1981). Extending altruism beyond the altruistic act: The mixed effects of aid on the help recipient. In J. P. Rushton & R. M. Sorrentino (Eds.), Altruism and helping behavior (pp. 367-422). Hillsdale, NJ.: Erlbaum.

Zuckerman, M., DePaulo, B. M., & Rosenthal, R. (1981). Verbal and nonverbal communication of deception. In L. Berkowitz (Ed.), Advances in experimental social psychology (Vol. 14, pp. 1-59). New York: Academic Press.

DePaulo, B. M., & Rosenthal, R. (1982). Measuring the development of nonverbal sensitivity. In C.E. Izard (Ed.), Measuring emotions in infants and children (pp. 208-247). New York: Cambridge University Press.

DePaulo, B. M. (1982). Social psychological processes in informal help-seeking. In T.A. Wills (Ed.), Basic processes in helping relationships (pp. 255-279). New York: Academic Press.

DePaulo, B. M., & Jordan, A. (1982). Age changes in deceiving and detecting deceit. In R. S. Feldman (Ed.), Development of nonverbal behavior in children (pp. 151-180). New York: Springer-Verlag.

DePaulo, B. M., Brown, P. L., & Greenberg, J. M. (1983). The effects of help on task performance in achievement contexts. In J. D. Fisher, A. Nadler, & B. M. DePaulo (Eds.), New directions in helping (Vol. 1): Recipient reactions to aid (pp. 223-249). New York: Academic Press.

- DePaulo, B. M. (1983). Perspectives on help-seeking. In B.M. DePaulo, A. Nadler, & J.D. Fisher (Eds.), New directions in helping (Vol. 2): Help-seeking (pp. 3-12). New York: Academic Press.
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IV. **Book Reviews and Commentaries**

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DePaulo, B.M. (1996). Review of By the grace of guile: The role of deception in natural history and human affairs by Loyal Rue, Political Psychology, 17, 387-390.

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[Professor DePaulo has also published book reviews at Psych Central and Medium.]

V. Annotated Bibliographies

DePaulo, Bella. (2011; updated in 2017). [Single people](#). Oxford Bibliographies Online.

DePaulo, Bella, & Bond, Charles F. Jr. (2013). [Deceiving and detecting deceit](#). Oxford Bibliographies Online.

VI. Workshops, Lectures, and Conferences (Short List)

Single and flourishing: Possibilities and challenges. Workshop, North Carolina Psychological Association, April 2023.

Changing thinking, changing language, changing lives: The power and promise of Singles Studies. Keynote address, Singles Studies: Global Perspectives, October 2020.

Psychology is your secret weapon: What you have that other people need and want. Presidential keynote address, Eastern Psychological Association, Philadelphia, PA. March, 2018.

What no one ever told you about people who are single. Invited address, Western Psychological Association. Sacramento, CA, April 2017.

What no one ever told you about people who are single. Plenary address, American Psychological Association. Denver, CO, August 2016.

Workshop on the role of singles in society. Education Day. Turku, Finland, September 2013.

The study of singles and single life. Netherlands National Association for Social Psychology. Tilberg, Netherlands, December 2011.

Singles are stereotyped and stigmatized and still live happily ever after: How can this be? University of California, Office of the President, May 2007.

Workshop on issues in working with singles. North Carolina Psychological Association, October 2006.

Workshop on the science of deception. Sponsored by the CIA, RAND, and the American Psychological Association. Arlington, VA, July 2003.

Workshop on the psychology of deception. Advanced Studies Institute for Polygraphers, Charlottesville, VA, September 1999.

Workshop for high school teachers of psychology. Virginia Psychological Association, October 1994.

Advisory workshop on deception. Office of Technology Assessment, Congress of the United States, June 1986.

Bella DePaulo has lectured nationally and internationally. She has addressed a wide variety of groups, including attorneys, judges, physicists, mental health professionals, and high school teachers. Venues have included the NATO Advanced Study Institute in Maratea, Italy, the Criminal Lawyers Association in Toronto, the American Academy of Judicial Education, and the New York Academy of Sciences. She has also given many conference presentations, including papers, panel presentations, and invited addresses.

VII. Beyond the Academic

Bella DePaulo has been described by *Atlantic* magazine as "America's foremost thinker and writer on the single experience." Here are some of her non-academic writings.

DePaulo, Bella. (2022). I always loved being single. The challenge was to realize I always would. In A. Malin (Ed.), *Unattached: Essays on Singlehood* (pp. 16-21). London: Square Peg.

DePaulo, Bella (March 13, 2021). COVID singles are supposedly lonely and miserable. But some of us are thriving instead. NBC News, THINK opinion page.

DePaulo, Bella (February 13, 2020). If the nuclear family has failed, what comes next? (interview). *The Atlantic*.

DePaulo, Bella (August 28, 2018). Single people aren't to blame for the loneliness epidemic. *The Atlantic*.

DePaulo, Bella (January 5, 2018). There's never been a better time to be single. CNN.

DePaulo, Bella (December 28, 2017). 6 new things researchers learned about single people in 2017. *New York* magazine, The Cut, Science of Us.

DePaulo, Bella (December 8, 2017). I study liars. I've never seen one like President Trump. *Washington Post*.

DePaulo, Bella (October 11, 2017). Why we thought marriage made us healthier, and why we were wrong. NBC News, THINK opinion page.

DePaulo, Bella, and Joan DelFattore (September 21, 2017). No, I'm not married. Why do you ask? *Quartz*.

DePaulo, Bella (May 25, 2017). Get married, get healthy? Maybe not. Op-ed, *The New York Times*.

DePaulo, Bella (May 25, 2017). Single workers aren't there to pick up the slack for their married bosses and colleagues. *Quartz*.

DePaulo, Bella (May 18, 2016). What do singles need more than a mate? Community. *Washington Post*.

DePaulo, Bella (April 23, 2017). More people than ever before are single – and that's a good thing. *The Conversation*.

DePaulo, Bella (March 16, 2016). Singles have fewer benefits than married couples – but are slowly gaining more. *Washington Post*.

DePaulo, Bella (March 3, 2016). Families of choice are remaking America. *Nautilus*.

DePaulo, Bella (February 19, 2016). I've been single all my life. I rarely get lonely. *Washington Post*.

DePaulo, Bella (February 8, 2016). Everything you think you know about single people is wrong. *Washington Post*.

DePaulo, Bella (December 8, 2015). More Americans are dining and traveling alone. Here's why. *Washington Post*.

DePaulo, Bella (November 9, 2015). Meet the woman who created a Craigslist for single moms. *Washington Post*.

DePaulo, Bella (October 9, 2015). When raising kids, how much does a spouse matter? *Washington Post*.

DePaulo, Bella (September 24, 2015). I'm better off single. You might be, too. *Washington Post*.

DePaulo, Bella (June 30, 2015). America is no longer a nation of nuclear families. *Quartz*.

DePaulo, Bella (April 11, 2015). Forum on the stigmatizing of women who do not have children. *Time* magazine.

DePaulo, Bella (March 13, 2015). Discrimination against single parents has vast implications for their children. *The Guardian*.

DePaulo, Bella, and Buddeberg, Rachel. (January 14, 2015.) Do you, married person, take these unearned privileges, for better or for better? *Truthout*.

DePaulo, Bella. (February 12, 2012). Contribution to Room for Debate: "A new American experiment," *New York Times*.

DePaulo, Bella. (May 19, 2010). Contribution to Room for Debate: "Politicians and their fake war stories," *New York Times*.

DePaulo, Bella. (March 21, 2008). Living single: It is how we spend the better part of our adult lives. *Psychology Today*. (And other contributions to the Living Single blog for *Psychology Today*.)

DePaulo, Bella, and Althouse, Ann. (July 27, 2008). Singles discrimination. Bloggingheads TV conversation, posted on the opinion page of the *New York Times*.

DePaulo, Bella. (December 22, 2008). Yes, there is a single demographic. *Forbes*.

DePaulo, Bella. (2007). Single all the way. In D. Mapes (Ed.), *Single State of the Union*. Seal Press. Emeryville, CA.

DePaulo, Bella, and Trimberger, Kay. (January 14, 2007) Single Americans are hardly flying solo. Op-ed, *San Francisco Chronicle*.

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DePaulo, Bella. (June 11, 2006). *Newsweek* is still wrong. *The Huffington Post*. (And other contributions to *The Huffington Post*.)

DePaulo, Bella M. (November 21, 2004). Living Single, Seeing Double. Op-ed, *Newsday*.

DePaulo, Bella M. (July 5, 2004). Ditching the lipstick-and-panties pitch. *Alternet*.

DePaulo, Bella M. (June 18, 2004). Sex and the Single Voter. Op-ed, *The New York Times*.

Bella DePaulo's research on the social psychology of deception and on singlehood has been widely reported in the media. Stories about her work have been published in newspapers such as *The New York Times*, *The Wall Street Journal*, *The Washington Post*, *USA Today*, and *The Los Angeles Times*. Magazines mentioning her work include the *Atlantic*, *Time*, *Newsweek*, *The New Yorker*, *U S News & World Report*, *Business Week*, *AARP Magazine*, *New York Magazine*, *The New York Times Magazine*, *The Economist*, *The Week*, and many others.

The NPR program, Justice Talking, invited Bella DePaulo to contribute an on-air essay on living single. She has also appeared on NPR's Talk of the Nation. Dr. DePaulo has been a guest on many other radio programs as well.

Professor DePaulo has appeared on television shows such as The Today Show, Good Morning America, The Early Show, CBS Sunday Morning, NBC Nightly News, Hardball with Chris Matthews, CNN's Anderson Cooper 360, and CNN Saturday Night.